

PQRST note taking

PQRST is a good strategy to help you get the most of your reading assignments

1. Preview- It's important that you know what you are going to read about before you start to read.
 - Read the title of the chapter and the section before you read
 - Read the Main Idea at the beginning of the section
 - Read the red lettered titles through the section
2. Question- once you preview the information develop questions to which you want to find answers
 - This might seem difficult at first but as you go thru the year this will become easier
 - If you need help with this look at the main idea questions in the section assessment at the end of each section
3. Read – the paragraphs that follow each red lettered title in the section
4. Summarize-
 - Ask yourself what is important? what do I need to remember from what I just read?
5. Test – yourself by answering questions (or teach the material to someone else)